



# 2018 CHEER CLINIC

If your child is in Kindergarten through 5th grade and has wanted to try cheerleading, **the time is now!** We are offering our 2018 Cheer Clinic and a chance to make new friends, get fit, build confidence with no experience required!

**Who** Our trained coaches will instruct your child on basic cheer moves and put together a cheer routine for them to perform at our end-of-year performance, Spiritfest. Your child will take the stage and show off their new talents on Monday, March 26th at the Sioux Falls Pentagon. The show will begin at 7:00 pm.

**When** The cheer clinic will be held March 24 from 1-4pm at the Dakota Spirit Gym. Our location is 3910 W 59th Street in Sioux Falls, SD.

**Cost** The cost is \$25 when you preregister by completing the form below and submitting to Dakota Spirit. \*Cost at the door is \$30

*To register: Mail in form or register online at [DakotaSpirit.com](http://DakotaSpirit.com) by March 20th.*

### Dakota Spirit Registration

Send to: 3910 W 59th Street, Sioux Falls, SD 57108

For further details call 373-0414 or email [Robin.fritsch@dakotaspirit.com](mailto:Robin.fritsch@dakotaspirit.com)

Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_ School: \_\_\_\_\_  
Mother: \_\_\_\_\_ Address: \_\_\_\_\_ Phone: \_\_\_\_\_  
Father: \_\_\_\_\_ Address: \_\_\_\_\_ Phone: \_\_\_\_\_  
E-mail Address \_\_\_\_\_ T-shirt size: YS YM YL AS AM

**Parent Waiver:** I understand there are risks with cheerleading and my child may be injured while participating in these events. I agree to release Dakota Spirit from responsibility for any injuries or illness obtained by my child. I understand that safety and the welfare of all students is of utmost concern. My child has the following health conditions, allergies, previous injuries, medications:

\_\_\_\_\_  
Signature of Parent (required) \_\_\_\_\_ Date: \_\_\_\_\_  
In case of emergency contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Check # \_\_\_\_\_ Check amount: \_\_\_\_\_

**What to wear:** t shirt, shorts, clean athletic shoes, no jewelry, hair in pony. Please report 5-10 minutes early for check in. Mark your calendar with the location, date, time! No confirmation will be sent! See you March 24!

*Check out [DakotaSpirit.com](http://DakotaSpirit.com) for other opportunities.*