



## 2018 DANCE REGISTRATION FORM

1. Complete one Registration Form *per* Club or School and list total amount of dances/routines. Please send registration with payment by deadline: 12/22/17.
2. Each dance/routine must have its own roster- USASF rosters are acceptable in place of the form below. Please indicate the division code for the dance/routine on the USASF roster.
3. Please note our **EARLY PRICING SPECIAL is due (11/22/17)**.
4. Please complete a separate Team Roster for each Team/Individual/Ensemble competing.
5. A signed and completed Liability & Medical Release is required for each participant.
6. It is important for scheduling that you indicate all crossovers and conflicts.
7. Payment Method: Cash, Check, or Credit Card. Payment must accompany registration. Credit card payments include a service fee. Payments made the week of event must be cash or credit card & are subject to \$50 late fee.
8. Questions can be directed to VC Coordinator Rachel Kanengieter at [vc2018@dakotaspirit.com](mailto:vc2018@dakotaspirit.com) or 605-381-7534.
9. Mail all forms to: Dakota Spirit Valentine's Classic - 3910 W 59th St - Sioux Falls, SD 57108. For your convenience, all registrations can be emailed to [vc2018@dakotaspirit.com](mailto:vc2018@dakotaspirit.com). Payment may be mailed separate for emailed/paperless registrations.

Organization/School Name: \_\_\_\_\_ E-mail Address: \_\_\_\_\_

Contact Person/Director: \_\_\_\_\_ Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_ Phone Number: \_\_\_\_\_

Years in attendance \_\_\_\_\_ Hotel Property (if applicable): \_\_\_\_\_

<u>ENTRY TYPE</u> <u>(Put quantity of total dances)</u>	<u>Ck</u> <u>One</u>	<u># of</u> <u>Teams</u>	<u>EARLY PRICING</u> <u>AMOUNT/ENTRY</u> <u>Prior to 11/22/17</u>	<u>ON TIME PRICING</u> <u>AMOUNT/ENTRY</u> <u>Due by 12/22/17</u>	<u>TOTAL</u>
Club Dance- List total Number of dances/routines			\$200 per team	\$225 per team	
School Dance Middle School, JrVar, High Sch			\$200 per team	\$225 per team	
Open/Collegiate Dance Team			\$100 per team	\$125 per team	
Open/Collegiate Exhibition			No Charge	No Charge	
Additional Routine – (Team must already be registered for first initial routine above)			\$150 per team (additional routine)	\$175 per team (additional routine)	
Exhibition Dance Routine			\$60 per routine	\$75 per routine	
Duet (2 Performers)			\$60 per team	\$75 per team	
Dance Ensemble (3-5 performers)			\$60 per team	\$75 per team	
Individual Events			\$35 per event	\$50 per event	

Total due: \_\_\_\_\_ Payment Method: Check # and amount \_\_\_\_\_ Cash \_\_\_\_\_

Credit Card #: \_\_\_\_\_ Exp. Date: \_\_\_\_\_ 3 Digit Code: \_\_\_\_\_ Amount: \_\_\_\_\_

Zip Code: \_\_\_\_\_ (Fee is 3.5% of total charge)

Scheduling Conflicts: \_\_\_\_\_

**Mail all forms/payment:** Dakota Spirit Valentine's Classic - 3910 W 59th St - Sioux Falls, SD 57108  
**Email Forms:** [VC2018@dakotaspirit.com](mailto:VC2018@dakotaspirit.com) and mail payment to address above.

**VC Questions:** Contact Rachel Kanengieter at [vc2018@dakotaspirit.com](mailto:vc2018@dakotaspirit.com) or 605-381-7534.



## Dance Team Roster

**USASF ROSTERS ARE ACCEPTABLE IN PLACE OF THIS FORM**

Please refer to division codes located on USASF website or division form

**Team Name** \_\_\_\_\_  
**Coach** \_\_\_\_\_  
**Phone #** \_\_\_\_\_

**Division Code** \_\_\_\_\_  
**Coach** \_\_\_\_\_  
**Phone #** \_\_\_\_\_

	Participant Name	Age - (On or before 8/31/17)	Cross Over	Cross Over to What Team	Dance/ Division Code
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					
16					
17					
18					
19					
20					
21					
22					
23					
24					
25					
26					
27					
28					
29					
30					
31					
32					



## Individual Participant Roster

\*Please make copies of this sheet if needed.

Team Name: \_\_\_\_\_

Coach Name: \_\_\_\_\_

Individual Events - Jump Star, Tumble Star, Cheer Star, Dance Star (please ck appropriate box)

<u>Individual Participants</u>	<u>Division</u>	<u>Age</u> <small>As of 8/31/17</small>	<u>Birth Date</u>	<u>Jump Star</u>	<u>Tumble Star</u>	<u>Cheer Star</u>	<u>Dance Star</u>

**Performance Requirements:**

*Dance Star* - maximum time is Two minutes.

*Cheer Star* - maximum time is one minute (must include running & standing tumbling, jumps, cheer and dance)

*Jump Star*- minimum of four jumps, not to exceed ½ minute.

*Tumble Star*- 2 Running Tumbling Passes and 1 Standing Tumbling Series

*Overtime Penalty*-there is a penalty for going over the time limit.

### Duet or Small Dance Ensemble

<u>Participant's Name (list as Duet or Ensemble)</u>	<u>Age</u>	<u>Birth Date</u>

Duets/Small Dance Ensembles are limited to **TWO MINUTES (2:00)** with 2 Duet performers or 3-5 Ensemble Performers



**VALENTINE'S CLASSIC LIABILITY and MEDICAL RELEASE FORM**

PARTICIPANT NAME: \_\_\_\_\_ TEAM NAME: \_\_\_\_\_

Medical History - Circle One

Heart condition/disease	Yes	No
Diabetes	Yes	No
Epilepsy/seizure disorder	Yes	No
Contact Lenses	Yes	No
Asthma	Yes	No

Allergies (clarify): \_\_\_\_\_

Additional Med. Info: \_\_\_\_\_

Insurance Company: \_\_\_\_\_ Policy Number: \_\_\_\_\_

Special Instructions: \_\_\_\_\_

Emergency Contact & Phone: \_\_\_\_\_

In consideration of participating in the Valentine's Classic, I represent that I understand the nature of this Activity and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the activity. I fully understand that this Activity involves risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the event, the conditions in which the event takes place, or the negligence of the "releasees" named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, cost, and damages I incur as a result of my participation in the Activity.

I hereby release, discharge, and covenant not to sue Valentine's Classic, its Dakota Spirit respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) from all liability, claims, demands, losses, or damages, on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations and future agree that if, despite this release, waiver of liability, and assumption of risk I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the Releasees from any loss, liability, damage, or cost, which any may incur as the result of such claim.

I grant permission to Dakota Spirit Cheer Parents to use photographs taken of me at the Valentine's Classic Competition. I hereby waive any right to inspect or approve the unfinished photographs or printed or electronic matter that may be used in conjunction with them now or in the future, whether that use is known to me or unknown, and I waive any right to royalties or other compensation arising from or related to use of the photograph.

I have read the RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

\_\_\_\_\_  
Printed name of participant Date: \_\_\_\_\_

**PARENTAL CONSENT**

AND I, the minor's parent and/or legal guardian, understand the nature of the above referenced activities and the Minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby Release, discharge, covenant not to sue and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses or damages on the minor's account caused or alleged to have been caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any Releasee may incur as the result of any such claim.

\_\_\_\_\_  
Printed name of Parent/or Legal Guardian Date: \_\_\_\_\_

\_\_\_\_\_  
Signature of Parent/or Legal Guardian



## VC Important Information

- **NEW LOCATION:** Sanford Pentagon- 2210 W Pentagon Pl, Sioux Falls, SD 57107
- ALL registration fees are non-refundable.
- Competition will not be cancelled due to weather.
- Free Admittance for coaches (2 per team)
- We will follow USASF Regulations & age divisions. All participants may be required to show proof of age.
- Time Limits: **Dance Team Competition: 2:30**
  - **Individual Dance Routines: 2:00**
  - **Duets/Small Dance Ensembles: 2:00**
- The schedule will be emailed approximately 2 weeks prior to event. Schedule Requests **MUST** be made with your registration. Final schedule will be posted week of event. No changes/additions allowed after posting.
- It is important that you inform us of any scheduling issues.
- For assistance contact our VC Coordinator Rachel Kanengieter at [vc2018@dakotaspirit.com](mailto:vc2018@dakotaspirit.com) or 605-381-7534.

## PRIMARY DANCE CATEGORIES

### JAZZ

A jazz routine incorporates stylized dance movements and combinations, formation changes, group work, leaps and turns. Emphasis is placed on proper technical execution, extension, control, body placement and team uniformity.

### POM

Poms must be used 80% of the routine. Important characteristics of a pom routine include strong pom technique: clean/precise and sharp motions, synchronization and visual effect, and may incorporate tricks (i.e. leaps/turns, pom passes, jump sequences, kick lines etc). Visual effect includes level changes, group work, formation changes, the use of different color poms, etc.

### HIP HOP

Routines can incorporate street style movements with an emphasis on execution, style, creativity, body isolations and control, rhythm, uniformity and musical interpretation.

### VARIETY

Routine must incorporate a blend of at least two or more dance styles listed in the USASF Categories. (Jazz, Pom, Hip Hop, Contemporary/Lyrical and/or Kick) All styles will compete together in this category. The style of dance performed will determine which "category" rules a team will follow in the appropriate age division.

### CONTEMPORARY/LYRICAL

A contemporary or lyrical routine uses organic, pedestrian and/or traditional modern or ballet vocabulary as it complements the lyric and/or rhythmic value of the music. Emphasis is placed on control, sustained, expressive movement, body placement, contraction/release, use of breath, uniformity, communication and technical skills. KICK A kick routine emphasizes control, height uniformity, extension, toe points, timing and creativity of a variety of kick series and patterns.

### PREP

The Prep Category is offered for emerging teams and dancers. All Category styles in each Age Division will compete together in Prep (Prep Jazz, Prep Pom, Prep Hip Hop, Prep Contemporary/Lyrical, Prep Kick and/or Prep Variety), or may be split when the Splitting Rule for Prep applies. (See "Combining and Splitting," below. Also see "Crossovers," below, for rules about participating on Prep and Non-Prep teams within the same style.)

See [USASF.net](http://USASF.net) for further information on divisions, ages, rules and regulations

**VC Questions:** Contact Rachel Kanengieter at [vc2018@dakotaspirit.com](mailto:vc2018@dakotaspirit.com) or 605-381-7534.