

Team Placements/Tryout Schedule

Initial Evaluation: May 16, 2017

Level 1 & 2: 5:00pm-6:30pm
 Level 3: 6:30pm- 8:00pm
 Level 4 & 5: 8:00pm- 9:30pm

Call Backs: May 17, 2017

Session 1: 5:00pm-6:30pm
 Session 2: 6:30pm- 8:00pm
 Session 3: 8:00pm- 9:30pm

Call Backs: May 18, 2017

Session 1: 5:00pm-6:30pm
 Session 2: 6:30pm- 8:00pm
 Session 3: 8:00pm- 9:30pm

For May 17th and 18th, we will indicate what session we want your child to attend. We will announce what session we want your child to attend on the mornings on May 17th and May 18th. We may ask to see athletes in multiple sessions.

As we evaluate athletes, we may ask to see them in a different level than their tumbling ability. We ask that all athletes be willing to try any position.

On May 16th, please attend the team placement session, by your tumbling level. Unsure about what level your tumbling skills are? Take a look at the chart below! Our staff will be happy to advise you on what time your child should attend on May 16th. At Dakota Spirit, we do not place athletes on teams solely based on their tumbling level. One of the reasons we are competitive on a national scale is because we place athletes on the team where we believe they will have the most success.

	Standing Tumbling	Running Tumbling
Level 1	<ul style="list-style-type: none"> ♦Connected Back-Walkovers ♦Toe Touch Backward Roll 	<ul style="list-style-type: none"> ♦Front Walk-Over ♦Cartwheel Back-Walkover ♦Round Off
Level 2	<ul style="list-style-type: none"> ♦Back Walk Over BHS 	<ul style="list-style-type: none"> ♦Front Handspring Step-Out ♦Round off Back Handspring series
Level 3	<ul style="list-style-type: none"> ♦Toe Touch Back Handspring Series 	<ul style="list-style-type: none"> ♦Front Handspring Step-Out ♦Round Off BHS Back Tuck
Level 4	<ul style="list-style-type: none"> ♦Back Tuck ♦Toe Touch BHS BHS Layout 	<ul style="list-style-type: none"> ♦Front Handspring Step-Out ♦Round Off Back Handspring Layout
Level 5	<ul style="list-style-type: none"> ♦Toe Touch Back Tuck ♦Series BHS into a Full 	<ul style="list-style-type: none"> ♦Front Handspring Step-Out ♦Round Off Back Handspring Full